

Life Naturally Chiropractic - 16345 S. Harlem Ave ste 250 Tinley Park IL 60477 - (708)548-9398 NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

## I. MY PLEDGE REGARDING HEALTH INFORMATION:

Life Naturally LLC understands that health information about you and your health care is personal. I am committed to protecting health information about you. A record is created of the care and services you receive from the doctors of Life Naturally LLC. These records are needed to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of your care generated by this practice. This notice will tell you about the ways in which this practice may use and disclose health information about you. Life Naturally LLC also describes your rights to the health information kept about you, and describes certain obligations regarding the use and disclosure of your health information. Life Naturally LLC is required by law to:

- Make sure that protected health information ("PHI") that identifies you is kept private.
- Give you this notice of legal duties and privacy practices with respect to health information.
- Follow the terms of the notice that is currently in effect.
- Life Naturally LLC can change the terms of this Notice, and such changes will apply to all information on file about you. The new Notice will be available upon request, in the office, and on the website.

## II. HOW LIFE NATURALLY LLC MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU:

The following categories describe different ways that Life Naturally LLC may use and disclose health information.

For Treatment Payment, or Health Care Operations: Federal privacy rules (regulations) allow health care providers who have direct treatment relationship with the patient/client to use or disclose the patient/client's personal health information without the patient's written authorization, to carry out the health care provider's own treatment, payment or health care operations. Life Naturally LLC may also disclose your protected health information for the treatment activities of any health care provider. This too can be done without your written authorization. For example, if a health care provider were to consult with another licensed health care provider about your condition, the office would be permitted to use and disclose your personal health